

Regional Single Choice School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30/8 27/9 25/10 22/11 20/12	Spaghetti Bolognese & Homemade Garlic Bread Baton Carrots Medley of Fresh Vegetables Mashed Potato Egg Sponge with Jam & Fresh Fruit	Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato Vanilla Ice Cream & Oranges	Homemade Breaded Chicken Goujons Selection of Dipping Sauces Sweetcorn, *Salad Selection Mashed Potato, Hot Pasta Twists Fresh Fruit Selection and Fresh Yoghurt	Roast Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Rice Krispie Square & Fresh Fruit	Hot Dog Or Chicken Roll Baked Beans *Tossed Salad Peas Chips Mashed Potato Oat Biscuits & Fresh Fruit Chunks
WEEK 2 6/9 4/10 1/11 29/11	Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Chocolate Brownie & Pears	Cheesy Bolo Pasta with Crusty Bread Garden Peas Tossed Salad Homemade Shortbread Rounds & Fresh Fruity	Fresh Breaded Fish Goujons with lemon slice, Tartar Sauce Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Vanilla Ice Cream with Fresh Fruit	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced carrots / Parsnip, Mashed Potato Sticky Flapjacks & Fresh Fruit	Chicken Nuggets Or Chicken Wrap Salsa Dip, Sweetcorn *Salad Selection Chips Baked Potato Selection of Fruit and Yoghurt
WEEK 3 13/9 11/10 8/11 6/12	Italian Pasta Bolognese Baked Beans, Sweetcorn Broccoli Florets Mashed Potato Chocolate and Orange Egg Sponge & Fresh fruit	Homemade Salt & Chilli or Traditional Chicken Goujons, Selection of dipping sauces Baton Carrots, * Salad Selection Chips, Mashed Potato Raspberry ripple Ice Cream and Fresh Fruit Chunks	Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables, Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection and Fresh Yoghurt	Roast Turkey Herb Stuffing Cranberry Sauce, Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Cornflake Square & Fresh Fruit	Traditional Homemade Chicken Soup Steak Burger in Bap Mashed Potato, Tossed Salad Selection of breads Strawberry Mousse & Fresh Fruit Salad
WEEK 4 20/9 18/10 15/11 13/12	Breast of Chicken Curry with Boiled Rice & Naan Bread Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Lemon Drizzle Cake & Fruit	Oven Baked Sausages Or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit Fingers & Fruit	Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Chocolate Brownie & Pears	Spaghetti Bolognese or Salmon fish cake Lemon Slice and Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit and Yoghurt	Homemade Margherita Pizza * Salad Selection Sweetcorn Traditional Champ Chips Artic Roll & Fruit Chunks

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

**2 Items from
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

Rice, Pasta, Potatoes and Gravy can be served Daily



Menu choices subject to deliveries
Fresh Fish May Contain Bones